



**COVID\_SOLATION**  
**Thomas Pal Assignment Three**  
**Context & Narrative**

**16 April 2020**  
**STAY AT HOME-PROTECT THE**  
**NHS-SAVE LIVES**

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**See my journey through my COVID-  
19 & Isolation**

**Let me show you**



# Exercise once a day



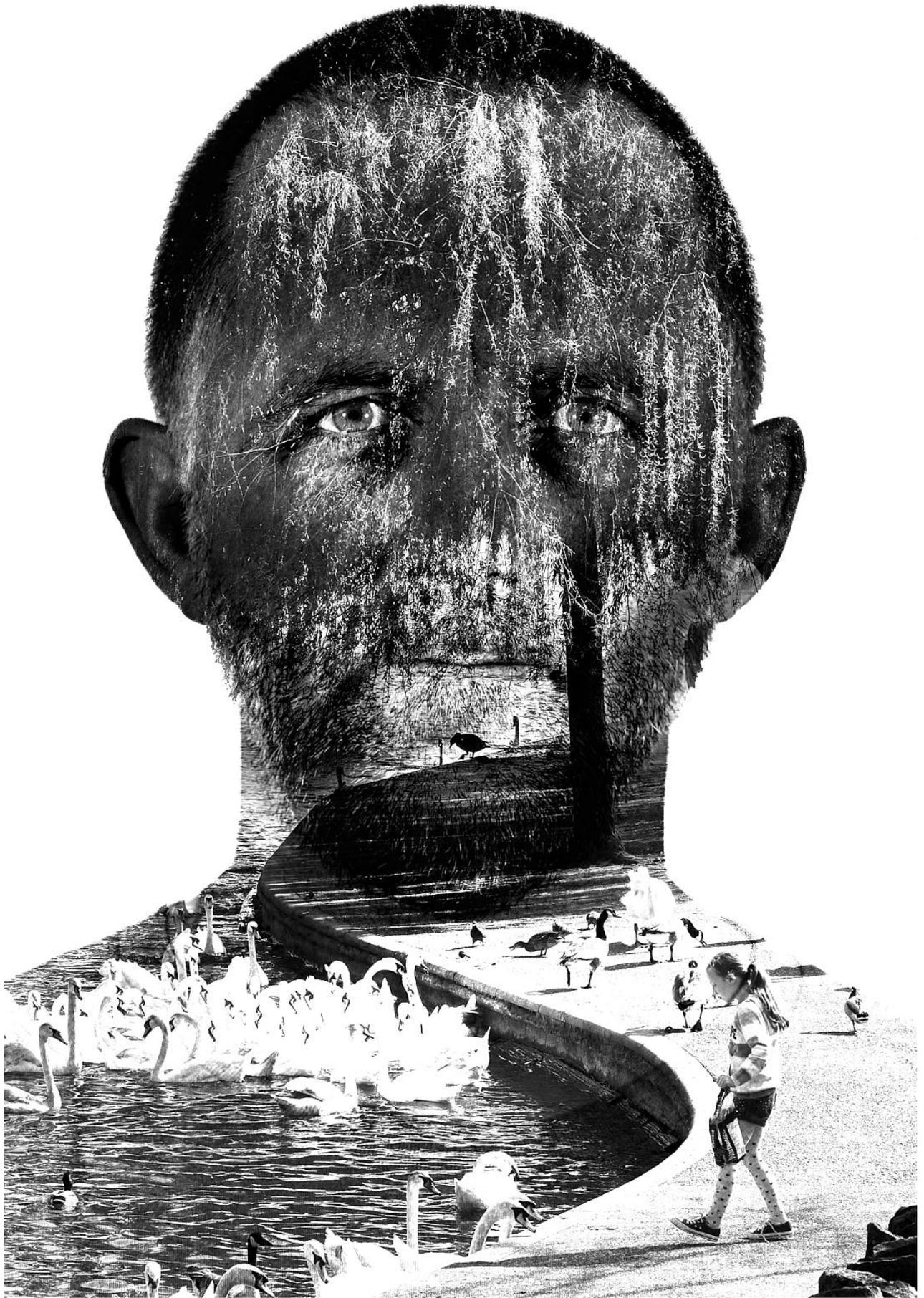
**Keep 2m apart Social Distancing**



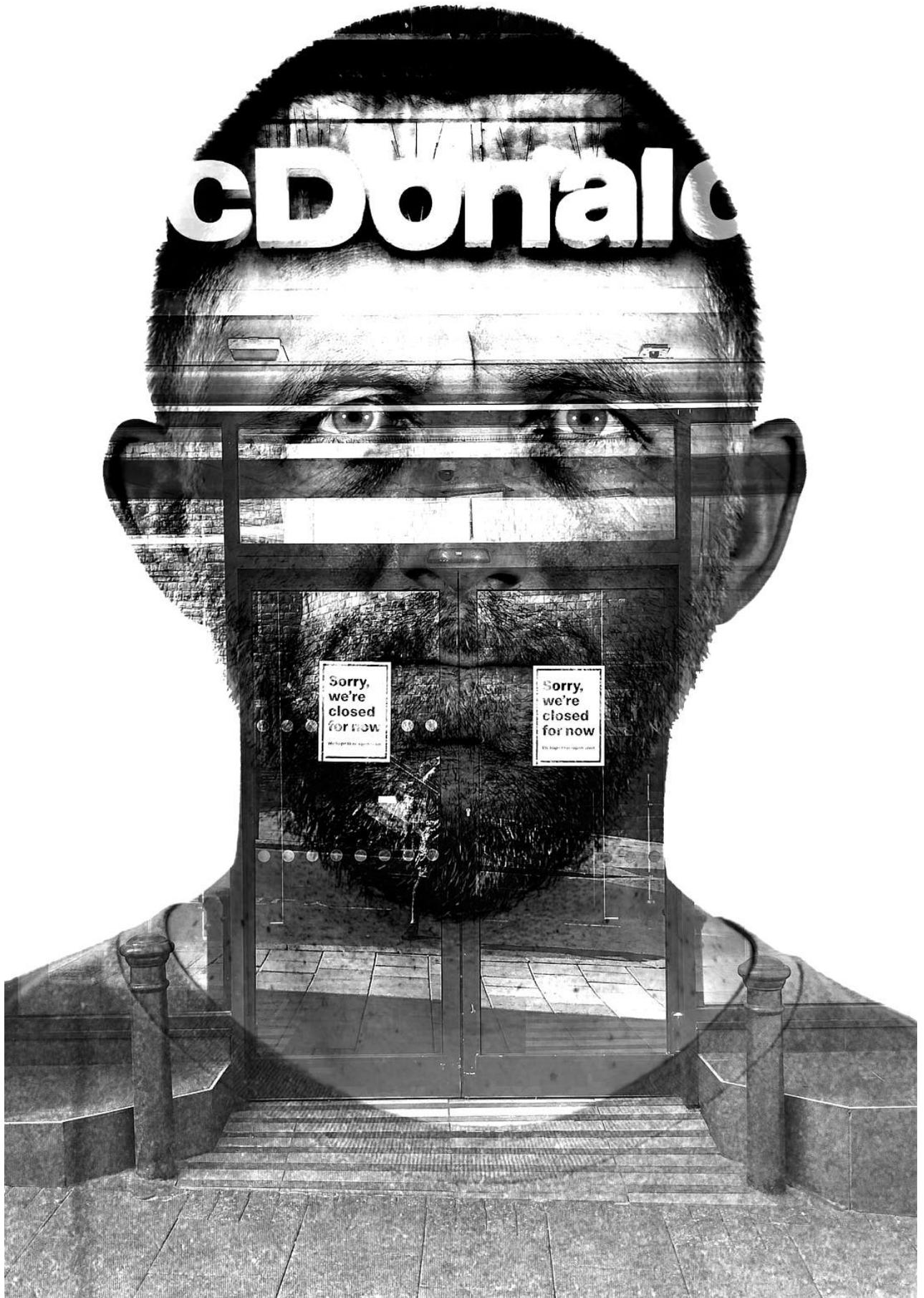
# Shopping for essential supplies



# Fresh air



# Shut till further Notice



**Stay Strong – Take care**



# PPE



**Thank you, NHS**

